

PATIENT INTRODUCTION FORM (Cash Patients) HOKOKIAN CHIROPRACTIC

1543 W. Shaw Ave, Fresno, Ca 93711
Office: (559) 230-1102 Fax: (559) 230-1105

Today's Date: _____

Last Name:		MI:	First Name:	
Home Address:		City:	State:	Zip:
Date Birth:	Age:	Telephone: Home:	Cell:	
Height:	Weight:	Business:		
Employer's Name:		Social Security/ID Number:		
Occupation:		Marital Status (Circle): Single, Married, Divorced, Widowed		
Referred By:		Name of Family Physician:		
Email Address:				

Name, Address, Relationship, and Telephone Number of your nearest adult relative (for emergencies):

Welcome to our office. For cash patients it is important that you understand our office financial policies. It is our policy to provide the best care possible for your condition(s). Charges for any history, examination, x-rays, supplies, and services-treatments are due at the time of the visit. Our office takes Visa/MasterCard payments.

OUR OFFICE WILL PROVIDE INSURANCE BILLING SERVICES AS A COURTESY. WE CAN EASILY PROVIDE THE PATIENT WITH A SUPERBILL THAT HAS A BILLING STATEMENT FOR EACH OFFICE VISIT. THIS BILLING STATEMENT WILL HAVE ALL OF THE NECESSARY INFORMATION FOR THE PATIENT TO SUBMIT TO THEIR INSURANCE CARRIER. HOWEVER, INORDER TO KEEP OUR OFFICE OVERHEAD DOWN AND OUR PATIENT FEES REASONABLE, WE EXPECT PAYMENT AT THE CONCLUSION OF EACH TREATMENT FOR CASH PATIENTS AND THE CO-PAYMENT AND/OR DEDUCTIBLE FOR REGULAR HEALTH INSURANCE PATIENTS. ANY OUTSTANDING BALANCE CAN BE SUBJECT TO AN 18% ANNUALLY OR 1 ½% PER MONTH INTEREST.

If unable to pay for the treatment or other costs please ask to speak to the office manager to make financial arrangements. If you choose to terminate care at this office the outstanding balance is immediately due and payable. Please sign below acknowledging your responsibility for payment for services.

Patient Signature and Date:	I am a responsible party and agree to pay for any outstanding bills incurred in this office.
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The 1996 Health Insurance Portability and Accountability Act (HIPAA) require that all health care providers comply with patient privacy and security laws (45 CFR 160,164). Patient confidentiality and privacy/security applies to any **protected health information (PHI)**. This notice explains how my protected health information (PHI) may be used and what their office's responsibilities are regarding my privacy rights and protected health information. Indicate whether you are the parent or a legal guardian of the patient or minor. If you want to discuss anything privately that you do not want to be overheard by other persons in the doctor's office, please inform the staff before you see the doctor so a private room can be arranged. Please sign and date below.

Patient Signature and Date	By signing this form, I acknowledge that this office has presented me with a copy of their HIPAA privacy practices and I have been able to read the practice policies notice that is posted on the waiting room wall.
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LEGAL GUARDIAN/PARENT NAME/RELATIONSHIP: _____

Patient Name:
Date:

GENERAL HEALTH HISTORY (Page 1)
HOKOKIAN CHIROPRACTIC
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DESCRIBE THE REASON(S) WHY YOU HAVE COME TO OUR OFFICE (Symptoms/Injury). Print Clearly

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Check only those conditions that apply to you and indicate if you have had in the past or presently have.

YES	GENERAL QUESTIONS	PAST	PRESENT
<input type="checkbox"/>	History of poor healing or told that you have a healing disorder?	<input type="checkbox"/>	<input type="checkbox"/>
<input type="checkbox"/>	Smoke cigarettes or use tobacco products?	<input type="checkbox"/>	<input type="checkbox"/>
<input type="checkbox"/>	Diabetes, hypoglycemia, thyroid, kidney, liver disease, or other endocrine-metabolic disorder?	<input type="checkbox"/>	<input type="checkbox"/>
<input type="checkbox"/>	Heart attack, heart disease or have a heart pacemaker or neck or chest shunt?	<input type="checkbox"/>	<input type="checkbox"/>
<input type="checkbox"/>	History of infectious diseases such as AIDS, Tuberculosis, Meningitis, Hepatitis, etc.?	<input type="checkbox"/>	<input type="checkbox"/>
<input type="checkbox"/>	Do you have difficulties or intolerance to heat packs or ice packs on your skin?	<input type="checkbox"/>	<input type="checkbox"/>
<input type="checkbox"/>	Do you have problems with dizziness, blacking out, balance, fainting, or tripping?	<input type="checkbox"/>	<input type="checkbox"/>
<input type="checkbox"/>	Epilepsy-Seizure-Convulsion history or any other neurological disease?	<input type="checkbox"/>	<input type="checkbox"/>
<input type="checkbox"/>	History of multiple sclerosis, lupus, psoriasis, paralysis, or disease affecting nerves?	<input type="checkbox"/>	<input type="checkbox"/>
<input type="checkbox"/>	Cancer history or cancer treatment or surgery of any type?	<input type="checkbox"/>	<input type="checkbox"/>
<input type="checkbox"/>	Stroke history (Indicate any suspected mild strokes or transient ischemic attacks)?	<input type="checkbox"/>	<input type="checkbox"/>
<input type="checkbox"/>	Have you ever been hospitalized? Why/When:	<input type="checkbox"/>	<input type="checkbox"/>
<input type="checkbox"/>	Blood clots, bleeding or vascular disorder, or told you have an abdominal or brain aneurysm?	<input type="checkbox"/>	<input type="checkbox"/>
<input type="checkbox"/>	Hypertension or high blood pressure? If yes, name of MD seeing:	<input type="checkbox"/>	<input type="checkbox"/>
<input type="checkbox"/>	Autoimmune disease, digestive or intestinal disease, or respiratory diseases, etc?	<input type="checkbox"/>	<input type="checkbox"/>
<input type="checkbox"/>	Do you have any type of chest or breast implants presently (males & females)?	N/A	<input type="checkbox"/>
<input type="checkbox"/>	Women only: Check box to left if there any chance that you are currently pregnant		

If you checked yes, please describe:

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No, Yes Do you have an infection, cold, virus, or other recent illness? Describe: _____

HAVE YOU HAD PRIOR INJURY OR PREVIOUS MUSCULOSKELETAL PAIN?

NO. (Check box if you have no prior history of previous injury or pain) If yes, please describe below:

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HAVE YOU HAD FRACTURES/BROKEN BONES IN THE PAST?

NO. (Check box if you have never had any broken bones in the past). If yes, please describe below:

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HAVE YOU HAD ANY PREVIOUS SURGERIES? NO. (Check box if you never had any surgical procedure).

If yes (including silicone implants, cancer, spine, herniated discs, genetic conditions, ports in the chest/abdomen), please describe type and when:

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Patient Name:
Date:

GENERAL HEALTH HISTORY (Page 2)

HOKOKIAN CHIROPRACTIC

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No, Yes **Do you have a family history** of high blood pressure, stroke, heart attacks, scoliosis, spina bifida, genetic conditions of the spine, rheumatoid arthritis, other forms of joint or spine arthritis, herniated discs in the spine, spinal cord disease, brain disease, nerve disease, blood vessel aneurysms, or other diseases?

If yes, please describe:

No, Yes **Have you ever been to a Chiropractor before for any condition?**

If yes, Chiropractor's Name/City: _____ Year: _____

List Problem(s) that the Chiropractor treated you for: _____

Indicate when you have your last physical examination by a medical doctor and please indicate his/her name?

Doctor:
Date:

No, Yes **Do you have any problems laying face down on an examination table** (tender breasts, chest or breast surgical implants, ports, etc)? If yes, why: _____

MEDICATION HISTORY (PRESCRIBED AND OVER-THE-COUNTER)

No, Yes **Are you taking any medications currently?** In yes, list all medications that you are taking:

No, Yes. **Have you taken any pain medications today? If yes, describe:** _____

FOOD OR MEDICATION ALLERGY HISTORY

No, Yes. Do you have allergies to any medications, foods, shellfish, seafood, etc? If yes, List:

DESCRIBE YOUR TYPICAL EXERCISE ROUTINE CURRENTLY

Describe what types of exercise you perform:

How often to do you regularly exercise?

SYMPTOM OR COMPLAINT ONSET

Suddenly, Gradually. Check box indicating if your current symptoms developed gradually or suddenly.

HAS YOUR PAIN BEEN ASSOCIATED WITH ANY OF THE FOLLOWING?

- | | | |
|--|--|--|
| <input type="checkbox"/> Excessive fatigue-malaise | <input type="checkbox"/> Bowel or bladder disorders | <input type="checkbox"/> Night pain or night time sweats |
| <input type="checkbox"/> Weight loss | <input type="checkbox"/> Ovarian pain | <input type="checkbox"/> Abdominal pain |
| <input type="checkbox"/> Low grade fever | <input type="checkbox"/> Kidney pain/painful urination | <input type="checkbox"/> Balance problems |

YES NO SLEEPING PATTERNS

- | | | |
|--------------------------|--------------------------|---|
| <input type="checkbox"/> | <input type="checkbox"/> | Do you sleep poorly at night? |
| <input type="checkbox"/> | <input type="checkbox"/> | Do you sleep on your stomach? |
| <input type="checkbox"/> | <input type="checkbox"/> | Do you consistently feel extremely tired when you wake up in the morning? |

Patient Name:

Date:

NECK, BACK, SACRUM, PELVIS PAIN AND/OR INJURY HISTORY (Page 3)

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Please print clearly. Check all boxes that apply to you and describe your "YES" responses. Your doctor will be going over this questionnaire with you during your consultation, and you can clarify your answers at that time.

YES NO GENERAL SPINE HISTORY (HEAD, NECK, BACK, SACRUM, AND PELVIS)

<input type="checkbox"/>	<input type="checkbox"/>	Have you been told that you have scoliosis, spondylolisthesis, spina bifida, or fused vertebrae?
<input type="checkbox"/>	<input type="checkbox"/>	Told that you have a bulging/herniated disc or disc degeneration in the spine?
<input type="checkbox"/>	<input type="checkbox"/>	Told you have weak bones, osteoporosis, osteopenia, or ankylosing spondylitis in your spine or joints?
<input type="checkbox"/>	<input type="checkbox"/>	Told you have arthritis, degeneration, or rheumatoid arthritis in your spine or joints?
<input type="checkbox"/>	<input type="checkbox"/>	Have you had a previous head injury in the past (e.g., blow or fall)?
<input type="checkbox"/>	<input type="checkbox"/>	Have you injured your neck, back, sacrum or pelvis in the past?
<input type="checkbox"/>	<input type="checkbox"/>	Have you ever had an injection into your discs or spine (facet joints) in your back, sacrum or neck?
<input type="checkbox"/>	<input type="checkbox"/>	Do you have a stomach, intestinal, digestive, malabsorption disorder (wheat allergy, etc.), muscle disease, prostate, ovarian, or uterine problem, condition or disease that could be affecting your back?

If yes, describe and provide dates:

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NECK PAIN AND/OR INJURY HISTORY

Describe your neck pain location (left side, right side, middle of your neck or on both sides).	
When did your neck pain begin and/or injury occur?	Date required:
Describe how or why your pain began (mechanism). Describe any neck injury (what happened)?	
Describe all aggravating physical activities/motions. What makes your neck or referring arm pain worse?	
Describe any relieving physical activities. What activities lessen your neck/arm symptoms?	
Describe how your symptoms feel (examples: dull, sharp, ache, sore, pain, numbness, tingling, stiff, etc).	
Describe any symptoms that originate from your neck that radiate to your head/shoulders/arms/hands.	
How frequent are your pain/symptoms (Percent)?	
How severe are your pain/symptoms (Zero-to-10)?	
List all doctors you have seen for your neck before.	

YES NO NECK REGION HISTORY CONTINUED

<input type="checkbox"/>	<input type="checkbox"/>	Do you get dizzy when you look up or twist your head? If yes, how often:
<input type="checkbox"/>	<input type="checkbox"/>	Do you black out, lose your balance or get a headache when you look up or twist your head?
<input type="checkbox"/>	<input type="checkbox"/>	Do you feel your neck pain sends pain downwards between your shoulders or to the front of your chest?
<input type="checkbox"/>	<input type="checkbox"/>	Have you had a new type of headache or an unusually severe headache recently?
<input type="checkbox"/>	<input type="checkbox"/>	Have you noticed your head leaning or tilting to one side recently?

Patient Name:

THORACIC, LUMBAR, SACRUM, PELVIS REGION HISTORY (Page 4)

HOKOKIAN CHIROPRACTIC

Describe your pain location (middle back, lower back, sacrum and if located in the front/side/back of body)	
When did your pain begin and/or injury occur?	Date required:
Describe how or why your pain began (mechanism). Describe any injury (what happened)?	
Describe all aggravating physical activities/motions. What makes your back or referring leg pain worse?	
Describe any relieving physical activities. What activities lessen your back or leg symptoms?	
Describe any symptoms that originate from your back that radiate to your chest, hips, legs, or feet.	
Describe how your symptoms feel (examples: dull, sharp, ache, sore, pain, numbness, tingling, stiff, etc).	
How frequent are your pain/symptoms (Percent)?	
How severe are your pain/symptoms (Zero-to-10)?	
List all doctors you have seen for your back before.	

YES NO THORACIC AND LOW BACK REGION HISTORY CONTINUED

<input type="checkbox"/>	<input type="checkbox"/>	Do you have pain that shoots or radiates outward along your rib cage?
<input type="checkbox"/>	<input type="checkbox"/>	Does your middle back or chest wall pain intensify when you take in a deep breath or cough?
<input type="checkbox"/>	<input type="checkbox"/>	Do you have a tight band-like feeling sometimes around your chest?
<input type="checkbox"/>	<input type="checkbox"/>	Do you recently have any associated unusual indigestion, chest pressure, or pain down your left arm?
<input type="checkbox"/>	<input type="checkbox"/>	When you move your neck around, does your middle back pain or chest pain increase?
<input type="checkbox"/>	<input type="checkbox"/>	When you cough, sneeze, or bear down to have a bowel movement, does your back/leg pain get worse?
<input type="checkbox"/>	<input type="checkbox"/>	Do you have a consistent pattern of getting severe leg pain or cramping after walking for similar distance that is relieved by resting or sitting down? This pain resumes after walking for same distance.
<input type="checkbox"/>	<input type="checkbox"/>	Do you get leg pain or hip pain while walking that is consistently relieved by sitting down or lying down? This pain doesn't bother you at night or while sitting.
<input type="checkbox"/>	<input type="checkbox"/>	Does either leg or foot drag on the floor when you walk?
<input type="checkbox"/>	<input type="checkbox"/>	Do you have a lot of leg cramps at night recently?
<input type="checkbox"/>	<input type="checkbox"/>	Have you recently had any urinary or bowel incontinence or had difficulty urinating?
<input type="checkbox"/>	<input type="checkbox"/>	Do your feet feel cold recently? If yes, indicate which foot or if both feet:
<input type="checkbox"/>	<input type="checkbox"/>	Have you recently noticed that either of your legs occasionally gives out on you when you walk?
<input type="checkbox"/>	<input type="checkbox"/>	Does one or both of your legs feel weak recently?
<input type="checkbox"/>	<input type="checkbox"/>	Has your anal-rectal region been completely numb?

If yes, describe and indicate dates:

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Patient Name:
Date:

EXTREMITY PAIN OR INJURY QUESTIONNAIRE

HOKOKIAN CHIROPRACTIC

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Please answer the following sections that apply to you.

SHOULDER, ARM, ELBOW, WRIST AND HAND REGION

Describe pain location (left, right, middle, front, and back, top). Example: top of shoulder joint/inside left elbow)	
When did your pain begin and/or injury occur?	Date required:
Describe how or why your pain began (mechanism). Describe any injury (what happened)?	
Describe all aggravating physical activities/motions. What makes your shoulder-arm symptoms worse?	
Describe any relieving physical activities/motions. What lessens your shoulder-arm pain-symptoms?	
If present, describe which fingers or part of your hand you have any pain, numbness, or tingling.	
Describe how your symptoms feel (examples: dull, sharp, ache, sore, pain, numbness, tingling, stiff, etc).	
How frequent are your pain/symptoms (Percent)?	
How severe are your pain/symptoms (Zero-to-10)?	
List all doctors you have seen for your shoulder, arm, or hands before.	

HIP, LEG, KNEE, ANKLE AND FOOT REGION

Describe your pain location (left, right, middle, front, back). Example: front of hip/outer calf area.	
When did your pain begin and/or injury occur?	Date required:
Describe how or why your pain began (mechanism). Describe any injury (what happened)?	
Describe all aggravating physical activities/motions: What makes your hip-leg pain-symptoms worse?	
Describe any relieving physical activities: What lessens your hip-leg symptoms-pain?	
If present, describe which toes or part of your leg/foot you have any pain, numbness, or tingling.	
Describe how your symptoms feel (examples: dull, sharp, ache, numbness/tingling, stiff, etc).	
How frequent are your pain/symptoms (Percent)?	
How severe are your pain/symptoms (Zero-to-10)?	
List all doctors you have seen for your hip, leg, knee, ankle, and foot before.	

Patient Name:

Date:

HEADACHE-MIGRAINE QUESTIONNAIRE

HOKOKIAN CHIROPRACTIC

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Please answer the following sections that apply to you. If some of the questions are unclear to you, skip ahead to the next question. Your doctor will be going over this questionnaire with you during your consultation, and you can clarify your answers at that time.

1. If your headaches/migraines have begun recently, can you think of some event or cause that may have started your pain? YES, NO If yes, what: _____

2. If your headaches/migraines have been bothering you for more than six months, can you describe what you think is causing them or making them worse? YES, NO If yes, describe: _____

3. Circle how intense your typical headaches/migraines are recently? (Use 0-10 intensity)

Pain Intensity	None	Mild Discomfort/Annoyance	Moderate Hurts/Sore/Bearable Sensation	Severe Sharp/Intense/Unbearable
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Headache (circle)	0	1	2	3	4	5	6	7	8	9	10
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4. Recently, would you describe the frequency and severity of your headaches-migraines as being the same as usual, a little worse than usual, or a type of headache that is entirely new/unusual: _____

5. WHEN DO YOU USUALLY GET YOUR HEADACHES-MIGRAINES?

<input type="checkbox"/> Morning	<input type="checkbox"/> End of week	<input type="checkbox"/> After napping or oversleeping
<input type="checkbox"/> Afternoon	<input type="checkbox"/> Bright light causes them	<input type="checkbox"/> After drinking alcohol
<input type="checkbox"/> Evening	<input type="checkbox"/> During or after having sex	<input type="checkbox"/> Before menstrual cycle
<input type="checkbox"/> During sleep	<input type="checkbox"/> During emotional stress	<input type="checkbox"/> During menstrual cycle
<input type="checkbox"/> During weekends	<input type="checkbox"/> After emotional stress	<input type="checkbox"/> After menstrual cycle
<input type="checkbox"/> Beginning of week	<input type="checkbox"/> During physical exertion	<input type="checkbox"/> After bending your head downwards
<input type="checkbox"/> Middle of week	<input type="checkbox"/> After not eating several hours	<input type="checkbox"/> No pattern

6. WHAT USUALLY HELPS YOUR HEADACHES-MIGRAINES?

<input type="checkbox"/> Sleeping	<input type="checkbox"/> Improving posture	<input type="checkbox"/> Drinking coffee
<input type="checkbox"/> Rest	<input type="checkbox"/> Dark quiet room	<input type="checkbox"/> Muscle massage
<input type="checkbox"/> Eating	<input type="checkbox"/> Medications	<input type="checkbox"/> Cold packs
<input type="checkbox"/> Spinal adjustments	<input type="checkbox"/> Nothing helps	<input type="checkbox"/> Other:

7. DESCRIBE HOW YOUR HEADACHE-MIGRAINE USUALLY FEELS:

<input type="checkbox"/> Pounding	<input type="checkbox"/> Burning	<input type="checkbox"/> Pressure
<input type="checkbox"/> Constant pain	<input type="checkbox"/> Aching	<input type="checkbox"/> Exploding
<input type="checkbox"/> Throbbing *	<input type="checkbox"/> Sharp-Piercing	<input type="checkbox"/> Dullness

8. WHERE DOES MOST OF YOUR HEADACHE PAIN FOCUS? (Check all that apply)

<input type="checkbox"/> Entire head area	<input type="checkbox"/> Front of head	<input type="checkbox"/> Left side of head
<input type="checkbox"/> Back of head near neck area	<input type="checkbox"/> Eye region	<input type="checkbox"/> Right side of head
<input type="checkbox"/> Top of head	<input type="checkbox"/> No pattern	<input type="checkbox"/> Both sides of head

9. IF YOUR HEAD PAIN RADIATES, WHERE DO YOUR HEADACHES-MIGRAINES START?

<input type="checkbox"/> Neck area	<input type="checkbox"/> Front of head	<input type="checkbox"/> Near eyes
<input type="checkbox"/> Back of head	<input type="checkbox"/> Side of head	<input type="checkbox"/> Other:

Patient Name:
Date:

HEADACHE-MIGRAINE FORM (Page 2)

HOKOKIAN CHIROPRACTIC

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Recently, how many headaches/migraines do you usually have in a month? _____ Times a month
Recently, how many hours does a typical headache/migraine last for you? _____ Hours
On average, how many pills do you take every month for headaches? _____ Number pills per month

10. YES, NO Have you seen other Doctors for your headaches-migraines? Please list and describe treatment and if it helped. Also indicate if you have had any brain scans, laboratory tests, or other diagnostic tests done to evaluate your headaches. _____

What have your previous doctors told you were the cause(s) for your headaches?

11. MEDICATIONS: *Please write in all medications that you have taken recently for any condition.*

12. HEADACHE-MIGRAINE HISTORY (Check any of the following that apply to you):

<input type="checkbox"/>	Family history of headaches or migraines
<input type="checkbox"/>	History of motion sickness as a child
<input type="checkbox"/>	Headaches-migraines associated with shortness of breath or excessive exhaustion
<input type="checkbox"/>	Headaches-migraines associated with numbness of face and/or tongue
<input type="checkbox"/>	Headaches-migraines associated with arm or leg weakness
<input type="checkbox"/>	You usually know your headache is starting soon by various symptoms such as visual or sensory feelings
<input type="checkbox"/>	You see lights/spots in your vision 5-50 minutes before headache-migraine pain begins
<input type="checkbox"/>	You are very sensitive to light or sound during or after headache-migraine
<input type="checkbox"/>	You presently or recently had a fever. This fever began just before your headaches started or during headache.
<input type="checkbox"/>	You had a rash, chills, fever, headache, and joint pain/swelling 2 weeks prior to your headaches starting.
<input type="checkbox"/>	Physical exertion makes your headache-migraine worse (climbing stairs, sex, lifting, etc)
<input type="checkbox"/>	Headaches start 3-4 hours after eating and/or your headaches improve after you eat
<input type="checkbox"/>	Jaw pain before or during headache
<input type="checkbox"/>	Muscles in neck and shoulders are tight/stiff or sore prior to headache
<input type="checkbox"/>	Headaches-migraines get worse when you have sustained poor posture
<input type="checkbox"/>	Headaches-migraines begin or get worse when you rotate or twist your head and/or neck
<input type="checkbox"/>	You get dizzy or black out when headaches-migraines occur
<input type="checkbox"/>	Get tearing, face flushing, or nasal discharge during headache-migraine
<input type="checkbox"/>	History of sinus infection, allergies, deviated septum, or other nasal disorders
<input type="checkbox"/>	You bruise easily, sometimes finding bruises on your thighs or legs and you can't recall any injury to your leg.
<input type="checkbox"/>	History of neck or head injury
<input type="checkbox"/>	You eat or drink substances having caffeine (coffee, chocolate, or tea). I drink _____ number of cups per day.
<input type="checkbox"/>	Your body usually feels cold
<input type="checkbox"/>	Thyroid problems currently or in past
<input type="checkbox"/>	You do not feel rested after sleeping

Patient Name:

Date:

SYMPTOM INTENSITY AND FREQUENCY FORM

HOKOKIAN CHIROPRACTIC

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PATIENT: _____ DATE: _____

For SECTION 1, describe on a scale of 1-10 how intense your pain or symptoms are. This includes the amount of aching, soreness, hurting, pain, numbness, and/or tingling levels currently present. A zero (0) indicates that no symptoms exist. 1-3 pain level is a minimum level and indicates that your pain is an annoyance only. A 4 pain is a slight level or where pain doing an activity begins to cause some disability. A 5-7 pain is moderate in severity and has to restrict or limit your activity ability to a significant degree. An 8-10 pain level is severe and indicates that your pain intensity is to the point where you have complete inability to perform some tasks. For SECTION 2, describe how frequently you have symptoms such as pain, numbness, and tingling in the respected areas. Please pay attention to the headache portion.

SECTION 1. CURRENT PAIN INTENSITY LEVELS

Circle the box following the area of pain that best indicates your overall average-usual pain severity today.

Pain Intensity	None	MINIMAL Discomfort/Ache/Stiff	SLIGHT-TO-MODERATE Hurts/Sore/Bearable Sensation	SEVERE Sharp/Intense Pain
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Headache	0	1	2	3	4	5	6	7	8	9	10
Neck Pain/Soreness	0	1	2	3	4	5	6	7	8	9	10
Arm/Hand Symptoms	0	1	2	3	4	5	6	7	8	9	10
Mid Back Pain	0	1	2	3	4	5	6	7	8	9	10
Low back Pain	0	1	2	3	4	5	6	7	8	9	10
Leg/Foot Symptoms	0	1	2	3	4	5	6	7	8	9	10

SECTION 2. CURRENT PAIN FREQUENCY LEVELS

Circle the box following the area of pain that best indicates the average percentage of time you have pain today.

Pain Frequency	None	Occasional	Intermittent	Frequent	Constant
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Neck pain/soreness	0%	10%	20%	30%	40%	50%	60%	70%	80%	90%	100%
Arm/Hand Symptoms	0%	10%	20%	30%	40%	50%	60%	70%	80%	90%	100%
Mid-back Pain	0%	10%	20%	30%	40%	50%	60%	70%	80%	90%	100%
Low Back Pain	0%	10%	20%	30%	40%	50%	60%	70%	80%	90%	100%
Leg/Foot Symptoms	0%	10%	20%	30%	40%	50%	60%	70%	80%	90%	100%

SECTION 3. CURRENT HEADACHE FREQUENCY & DURATION

During the past week or since the accident/injury if applicable (if less than one week) indicate how frequently you have had headaches and/or migraines. Be sure to indicate how long each headache typically lasts.

<p>A. How frequently do you have headaches/migraines?</p>	<input type="checkbox"/> No headaches <input type="checkbox"/> 1-2 times a month <input type="checkbox"/> 3-4 times a month	<input type="checkbox"/> Once a week <input type="checkbox"/> 2-3 times a week <input type="checkbox"/> 4-5 times a week	<input type="checkbox"/> Almost daily <input type="checkbox"/> Daily <input type="checkbox"/> All the time
<p>B. How many hours does your typical headache/migraine last?</p>	<p>_____ Hours?</p>		

Patient Name: _____
Date: _____

PAIN INTENSITY INSTRUCTION FORM HOKOKIAN CHIROPRACTIC

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PATIENT: *Be certain to read the following pain categories and indicate which level best represents how severe your current pain level is relative to your ability to perform activity. If you do not understand these instructions be sure to ask the Doctor.*

Pain Intensity	None	MILD	MODERATE	SEVERE
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PAIN LEVEL	0	1	2	3	4	5	6	7	8	9	10
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PAIN LEVEL AND THE EFFECT THAT PAIN HAS ON YOUR ABILITY TO PERFORM ACTIVITY	No Pain	<p>Annoying Pain Level Only.</p> <p>Able to Perform All Home, Work, Sport, and Recreational Activities.</p> <p>No Restrictions</p>	<p>Pain Levels Now Cause You to Slow Down.</p> <p>You Are Able to Do Activities at Home and Work, But They Take You Longer to Do or You Need to Take Breaks.</p> <p>Unable to Do More Demanding Activities.</p>	<p>Pain Levels Must Prohibit Your Ability to Perform Several Activities.</p> <p>You Must have Some Inability to Do Easier Activities.</p> <p>Must Have Some Difficulty Sleeping.</p>
HOW DOES THE PAIN FEEL?	No Pain	Ache, Dull Soreness, Stiffness	Hurting Pain, Very Sore, Limited Motion	Sharp Pain, Stabbing Pain, Jabbing Pain
LEVEL	****	MILD	MODERATE	SEVERE

A LEVEL 10 PAIN IS UNBEARABLE AND IS SIMILAR TO THE MOST SEVERE PAIN YOU HAVE EVER HAD!

A 10 level pain is unbearable and equates to having the most severe pain you have ever had, such as a toothache, burn, or kidney stone type of pain!

Patient Name:
Date:

INFORMED CONSENT
HOKOKIAN CHIROPRACTIC

1543 W. Shaw Ave, Fresno, Ca 93711

Office: (559) 230-1102 Fax: (559) 230-1105

I hereby consent to the performance of chiropractic adjustments and other chiropractic procedures, on myself, (or on the patient names below, for whom I am legally responsible) by **Dr. John H. Hokokian, D.C.**, and/or other licensed doctors of the chiropractic who now or in the future provide chiropractic adjustments and other types of treatment for me. This consent includes other doctors of chiropractic that are employed by, associated with, or serve as back-up for **Dr. John H. Hokokian, D.C.**, whether or not their names are listed on this form.

I understand and consent to the following procedures (checked below):

<input type="checkbox"/> Examination	<input type="checkbox"/> Mobilization	<input type="checkbox"/> Ultrasound	<input type="checkbox"/> Muscle Stimulation
<input type="checkbox"/> X-rays	<input type="checkbox"/> Traction	<input type="checkbox"/> Adjustments	

I have had an opportunity to discuss with **Dr. John H. Hokokian, D.C.**, the various types of treatment, including neck and spinal/extremity adjustments that have been proposed to me for my condition, and the purpose and objectives of these chiropractic procedures. I understand that the results from the chiropractic treatment are not guaranteed for my condition.

I have been informed about the risks and benefits of chiropractic adjustments and other chiropractic procedures, and understand that, there are some uncommon potential serious risks to chiropractic adjustments and procedures, including, but not limited to, sprains, fractures, disc injuries, dislocations, nerve injuries, and strokes specifically from neck adjustments. I understand and have had the opportunity ask about risks and benefits the proposed treatment and of other alternative types of treatment for my condition.

I have had the opportunity to read this form understand the above statements, accept the risks mentioned, and hereby consent and agree to chiropractic treatment over the entire course of treatment for my present condition and any future conditions for which I seek treatment.

PATIENT NAME (PRINT) _____ **DATE:** _____

X _____
SIGNATURE OF PATIENT OR RESPONSIBLE PARTY

(If signing for a MINOR)
NAME: _____ **RELATIONSHIP:** _____

OFFICE/WITNESS SIGNATURE: _____ DATE: _____

Patient Name: Date:
