

# WORKERS' COMPENSATION INTRODUCTION FORM

## Hokokian Chiropractic

1543 W. Shaw Ave, Fresno, Ca 93711

Office: (559) 230-1102 Fax: (559) 230-1105

Today's Date: \_\_\_\_\_

<b>Last Name:</b>		<b>MI:</b>	<b>First Name:</b>	
<b>Home Address:</b>		<b>City:</b>	<b>State:</b>	<b>Zip:</b>
Date Birth:	Age:	Social Security No:		
Tel Home:		Tel. Work:		
Height:	Weight:	Drivers License No:		
Employer's Name:		Marital Status (Circle): Single, Married, Divorced, Widowed		
Email Address:				

Name and Telephone Number of your nearest adult relative (for emergencies) \_\_\_\_\_

Date of Injury:	Date:	Time:
Name Employer at Time of Injury:		
Address of Employer:		
Job Title at Time of Injury:	Title:	Length of time employed (months/yrs): _____
Name of Current Employer:		

### DESCRIBE HOW INJURY HAPPENED:


<input type="checkbox"/> YES, <input type="checkbox"/> NO Have you notified your employer about your injury?
<input type="checkbox"/> YES, <input type="checkbox"/> NO Has your employer notified their workers' compensation insurance carrier?
<input type="checkbox"/> YES, <input type="checkbox"/> NO Have you filled out an injured workers' claim form?
<input type="checkbox"/> YES, <input type="checkbox"/> NO Do you have an attorney representing you for this work-related injury?
If yes, provide name/address/telephone: _____
<input type="checkbox"/> YES, <input type="checkbox"/> NO Have you missed any time off work?
If yes, please indicate the dates you have been off work: From: _____ To: _____ Other: _____

### WORKERS' COMPENSATION INSURANCE INFORMATION

Name of Insurance Carrier:			
Address of Insurance Carrier:			
Claim Adjuster's Name/Telephone:	Name:	Telephone:	
Claim Number:			

The 1996 Health Insurance Portability and Accountability Act (HIPAA) require that all health care providers comply with patient privacy and security laws (45 CFR 164). Patient confidentiality and privacy/security applies to any **protected health information (PHI)**. This notice explains how my protected health information (PHI) may be used and what their office's responsibilities are regarding my privacy rights and protected health information. Indicate whether you are the parent or a legal guardian of the patient or minor. If you want to discuss anything privately that you do not want to be overheard by other patients or persons in the doctor's office, please inform the staff before you see the doctor so a private room can be arranged. Please sign and date below.

Patient Signature and Date	By signing this form, I acknowledge that this office has presented me with a copy of their HIPAA privacy practices and I have been able to read the practice policies notice that is posted on the waiting room wall.
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Patient Name: \_\_\_\_\_

Date: \_\_\_\_\_

# GENERAL HEALTH HISTORY

## Hokokian Chiropractic

1543 W. Shaw Ave, Fresno, Ca 93711

Office: (559) 230-1102 Fax: (559) 230-1105

*Check only those conditions that apply to you and indicate if you have had in the past or presently have.*

YES	GENERAL QUESTIONS	PAST	PRESENT
<input type="checkbox"/>	I heal slowly	<input type="checkbox"/>	<input type="checkbox"/>
<input type="checkbox"/>	Smoke cigarettes or use tobacco products	<input type="checkbox"/>	<input type="checkbox"/>
<input type="checkbox"/>	Diabetes, hypoglycemia, thyroid disorder, kidney or liver disease, or tuberculosis	<input type="checkbox"/>	<input type="checkbox"/>
<input type="checkbox"/>	Heart attack or have a heart pacemaker or neck or chest shunt?	<input type="checkbox"/>	<input type="checkbox"/>
<input type="checkbox"/>	Currently or recently had any infectious disease such as AIDS, Tuberculosis, etc	<input type="checkbox"/>	<input type="checkbox"/>
<input type="checkbox"/>	Do you have difficulties or intolerance to heat packs or ice packs on your skin?	<input type="checkbox"/>	<input type="checkbox"/>
<input type="checkbox"/>	Do you have problems with dizziness, blacking out, balance, fainting, or tripping	<input type="checkbox"/>	<input type="checkbox"/>
<input type="checkbox"/>	Epilepsy-Seizure-Convulsion history or other neurological disease	<input type="checkbox"/>	<input type="checkbox"/>
<input type="checkbox"/>	History of multiple sclerosis, lupus, psoriasis, temporary paralysis, or meningitis	<input type="checkbox"/>	<input type="checkbox"/>
<input type="checkbox"/>	Cancer history or cancer treatment of any type	<input type="checkbox"/>	<input type="checkbox"/>
<input type="checkbox"/>	Stroke history (Indicate any suspected strokes or transient ischemic attacks)	<input type="checkbox"/>	<input type="checkbox"/>
<input type="checkbox"/>	Told that you have scoliosis, spondylolisthesis, spina bifida, or fused vertebrae	<input type="checkbox"/>	<input type="checkbox"/>
<input type="checkbox"/>	Told that you have a bulging/herniated disc or disc degeneration in the spine	<input type="checkbox"/>	<input type="checkbox"/>
<input type="checkbox"/>	Have you ever been hospitalized? Why:	<input type="checkbox"/>	<input type="checkbox"/>
<input type="checkbox"/>	Blood clots, bleeding or vascular disorder, or told you have an abdominal aneurysm	<input type="checkbox"/>	<input type="checkbox"/>
<input type="checkbox"/>	Hypertension or high blood pressure	<input type="checkbox"/>	<input type="checkbox"/>
<input type="checkbox"/>	Told you have weak bones, osteoporosis, osteopenia, or ankylosing spondylitis	<input type="checkbox"/>	<input type="checkbox"/>
<input type="checkbox"/>	Told you have osteoarthritis, rheumatoid arthritis, or gout of your spine or joints	<input type="checkbox"/>	<input type="checkbox"/>
<input type="checkbox"/>	<b>Do you have any type of chest or breast implants presently (males &amp; females)?</b>	N/A	<input type="checkbox"/>
<input type="checkbox"/>	<b>Women only:</b> Check box to left if there any chance that you are currently pregnant		

### PRIOR INJURY OR PREVIOUS MUSCULOSKELETAL PAIN

**I have no history of previous painful injury or pain** If you have had prior injuries or pain, please check below:

<input type="checkbox"/> Work Injury	<input type="checkbox"/> Fall	<input type="checkbox"/> Sports Injury	<input type="checkbox"/> Lifting Injury	<input type="checkbox"/> Car Accident
<input type="checkbox"/> Motorcycle Injury	<input type="checkbox"/> Head Injury	<input type="checkbox"/> Pedestrian Injury	<input type="checkbox"/> Military Injury	<input type="checkbox"/> Other Injury
<input type="checkbox"/> Headaches/Migraines	<input type="checkbox"/> Neck Pain	<input type="checkbox"/> Middle Back Pain	<input type="checkbox"/> Low Back Pain	<input type="checkbox"/> Shoulder Pain
<input type="checkbox"/> Arm numb-tingling	<input type="checkbox"/> Arm Pain	<input type="checkbox"/> Leg pain-numb-tingling	<input type="checkbox"/> Other Pain:	

### HAVE YOU HAD FRACTURES/BROKEN BONES IN THE PAST?

**NO.** (Check box if you have never had any broken bones in the past). If yes, please describe below:

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### HAVE YOU HAD ANY PREVIOUS SURGERIES?

**NO.** (Check box if you never had any surgical procedure). If yes (including silicone implants, cancer, spine, herniated discs, genetic conditions, ports in the chest/abdomen), please describe type and when:

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### Have you ever been to a Chiropractor before for any condition?

No,  Yes If yes, Chiropractor's Name: \_\_\_\_\_ Year: \_\_\_\_\_  
 Problem(s) seen by Chiropractor for: \_\_\_\_\_

Patient Name: \_\_\_\_\_

Date: \_\_\_\_\_

## GENERAL HEALTH HISTORY (Page 2)

### Hokokian Chiropractic

1543 W. Shaw Ave, Fresno, Ca 93711

Office: (559) 230-1102 Fax: (559) 230-1105

### LIST ALL SYMPTOM REGIONS AND HOW LONG YOU HAVE HAD THEM

CHECK ALL SYMPTOM AREAS	HOW LONG	CHECK ALL SYMPTOM AREAS	HOW LONG
<input type="checkbox"/> Headaches/Migraines		<input type="checkbox"/> Upper Back Pain, Soreness, or Stiffness	
<input type="checkbox"/> Neck Pain, Soreness, or Stiffness		<input type="checkbox"/> Hip Pain	
<input type="checkbox"/> Low Back Pain, Soreness, Stiffness		<input type="checkbox"/> Leg or Foot Pain, Numbness, or Tingling	
<input type="checkbox"/> Arm/Hand Pain, Numbness, or Tingling		<input type="checkbox"/> Other:	

Did your current symptoms come on?  Suddenly,  Gradually

### SYMPTOM/PAIN DESCRIPTION

Please circle any word or all words below that best describes how your symptoms currently feel to you.

Pain	Pinching	Spreading	Vicious	Unbearable
Ache	Pricking	Shooting	Sickening	Soreness
Cutting	Tingling	Stabbing	Miserable	Pins and Needles
Tearing	Gnawing	Dull	Troublesome	Radiating
Crushing	Nagging	Bony	Pressing	Weakness
Pulling	Boring	Terrifying	Deep pain	Falls asleep
Irritating	Burning-Hot	Dreadful	Superficial pain	Suffocating
Annoying	Drill like	Fearful	Stinging	Punishing
Stiff or tight	Heavy	Unhappy	Throbbing	Crawling
Exhausting	Numbness	Torturing	Sharp	Tender

No,  Yes Do you have any problems laying face down on an examination table? If yes, why: \_\_\_\_\_

### ARE YOU TAKING ANY MEDICATIONS?

I am not taking any medications currently. Check any of the following that you are taking currently.

<input type="checkbox"/> Muscle Relaxants	<input type="checkbox"/> Blood pressure/Stroke prevention medications	<input type="checkbox"/> Cortisone injections
<input type="checkbox"/> Pain/Anti-inflammatory meds	<input type="checkbox"/> Osteoporosis (bone strengthening) medications	<input type="checkbox"/> Other:

### WHEN IS YOUR PAIN WORSE & WHAT ACTIVITIES INCREASE YOUR PAIN?

<input type="checkbox"/> Morning is when pain is worse	<input type="checkbox"/> Bending your back increases pain	<input type="checkbox"/> Walking increases pain
<input type="checkbox"/> Afternoon/evening pain worse	<input type="checkbox"/> Lying down flat increases pain	<input type="checkbox"/> Standing increases pain
<input type="checkbox"/> During sleep hours pain worse	<input type="checkbox"/> Sitting increases pain	<input type="checkbox"/> Exercise/Stretching increases pain
<input type="checkbox"/> Standing up from sitting	<input type="checkbox"/> Poor posture increases pain	<input type="checkbox"/> Other:

### WHAT ACTIVITIES LESSEN YOUR PAIN?

<input type="checkbox"/> Walking	<input type="checkbox"/> Being flat on your back	<input type="checkbox"/> Exercise/Stretching
<input type="checkbox"/> Sitting	<input type="checkbox"/> Standing	<input type="checkbox"/> Other:

### DO YOU EXERCISE?

<input type="checkbox"/> I do no regular exercise	<input type="checkbox"/> I exercise 1-2 times a week	<input type="checkbox"/> I exercise 3-5 times a week
<input type="checkbox"/> I stretch regularly	<input type="checkbox"/> I do weight lifting at gym/home	<input type="checkbox"/> I do cardiovascular work outs
<input type="checkbox"/> I am willing to do exercise	<input type="checkbox"/> I am not willing to do exercises	<input type="checkbox"/> I do regular sports activities

### HAS YOUR PAIN BEEN ASSOCIATED WITH ANY OF THE FOLLOWING?

<input type="checkbox"/> Excessive fatigue-malaise	<input type="checkbox"/> Bowel or bladder disorders	<input type="checkbox"/> Night pain or night time sweats
<input type="checkbox"/> Weight loss	<input type="checkbox"/> Ovarian pain	<input type="checkbox"/> Abdominal pain
<input type="checkbox"/> Low grade fever	<input type="checkbox"/> Kidney pain/painful urination	<input type="checkbox"/> Balance problems

Patient Name: \_\_\_\_\_

Date: \_\_\_\_\_

## EMPLOYMENT INFORMATION

### Hokokian Chiropractic

1543 W. Shaw Ave, Fresno, Ca 93711

Office: (559) 230-1102 Fax: (559) 230-1105

PATIENT NAME: \_\_\_\_\_ DATE: \_\_\_\_\_

#### CURRENT EMPLOYMENT STATUS (Check your present status)

<input type="checkbox"/>	Full time employee	<input type="checkbox"/>	Self employed
<input type="checkbox"/>	Part time employee	<input type="checkbox"/>	Unemployed

## EMPLOYMENT HISTORY

### EMPLOYER AT THE TIME OF THE INCIDENT FOR WHICH YOU ARE BEING SEEN

What is the name of your employer at the time of the injury? \_\_\_\_\_

Job title: \_\_\_\_\_ Number of hours working each week: \_\_\_\_\_

How many months or years had you been employed at the time of the injury? \_\_\_\_\_

What type of activities did you do at this job? (Describe details such as lifting, sitting, stooping, bending, and computer work) \_\_\_\_\_

\_\_\_\_\_

### CURRENT EMPLOYER

Yes,  No Are you currently working for the same employer as when you had this injury? If no, indicate:  
 Name of current employer (if different than above): \_\_\_\_\_  
 Job Title: \_\_\_\_\_ Number of hours working per week: \_\_\_\_\_

### SELF EMPLOYED INFORMATION

If you are self-employed or own a business, please describe your job duties.

\_\_\_\_\_

\_\_\_\_\_

### PREVIOUS EMPLOYMENT (PAST 10 YEARS)

List in descending order, your three past employers or work positions from your last job backwards.

EMPLOYER NAME	DATES EMPLOYED	JOB TITLE/DUTIES
A.		
B.		
C.		
D.		
E.		
F.		

Form 5100

Patient Name: \_\_\_\_\_

Date: \_\_\_\_\_

## JOB DESCRIPTION (DUTIES) AT TIME OF INJURY

### Hokokian Chiropractic

1543 W. Shaw Ave, Fresno, Ca 93711

Office: (559) 230-1102 Fax: (559) 230-1105

PATIENT NAME: \_\_\_\_\_ DATE: \_\_\_\_\_

What was your job title/description?	
How many hours did you work in a typical day?	
How many hours did you work in a typical week?	

<b>JOB DUTIES AT TIME OF INJURY</b> <i>(Check column that applies to the frequency of a specific activity at your job)</i>	Never (0 hours)	Occasionally (1-15 x/hr) (Up to 3 hours)	Frequently (16-60 x/hr) (3-6 hours a day)	Constant (More than 60 x/hr) (6-8 hours a day)
Bending head and neck				
Twisting head and neck				
Bending waist				
Twisting waist				
Lifting less than 25 pounds				
Lifting heavier than 25 pounds				
Bending while lifting				
Reaching above the level of your head				
Reaching above the level of your shoulder				
Carrying objects in hand				
Gripping or fingering objects left hand				
Gripping or fingering objects right hand				
Fine movement with fingers				
Handwriting				
Pushing and pulling with left hand				
Pushing and pulling with right hand				
Keyboarding on computer				
Heavy or power use of hands				
Crawling				
Crouching or squatting				
Walking				
Kneeling				
Standing				
Climbing				
Sitting while driving a vehicle				
Sitting (other than driving)				

**YES NO CHECK ALL THAT APPLIES TO YOUR EMPLOYEMENT AFTER YOUR INJURY**

<input type="checkbox"/>	<input type="checkbox"/>	Has your employer modified your work environment/job tasks to make it easier for you to work?
<input type="checkbox"/>	<input type="checkbox"/>	Did you have to ask other employees to help you perform job related tasks after the injury?
<input type="checkbox"/>	<input type="checkbox"/>	Did you make changes in how you worked on the job to allow yourself to keep working?

Patient Name: \_\_\_\_\_

Date: \_\_\_\_\_

## PRIMARY TREATING PHYSICIAN'S PROGRESS REPORT

### Hokokian Chiropractic

1543 W. Shaw Ave, Fresno, Ca 93711

Office: (559) 230-1102 Fax: (559) 230-1105

(Workers' Compensation)

<b>PATIENT NAME:</b>		<b>REPORT DATE:</b>	
Address:		SSN:	
Occupation:		Date of Birth:	
Telephone:		Gender:	

<b>Claims Administrator:</b>		<b>Injury Date:</b>	
Address:		Claim No:	
Telephone:		<b>Employer Name:</b>	
Fax No:		Telephone:	

### I. REASON FOR SUPPLEMENTAL REPORT

<input type="checkbox"/>	Periodic treatment status report.
<input type="checkbox"/>	Periodic status report, patient being treated under future medical award.
<input type="checkbox"/>	Change in employee's work status.
<input type="checkbox"/>	There is a change in the patient's condition or a test finding that requires a significant change in the treatment plan.

### II. PATIENT STATUS-RESPONSE TO TREATMENT

**A.** Since the last report/exam this patient's condition has:

<input type="checkbox"/>	Improved normally as expected.	<input type="checkbox"/>	Worsened significantly.
<input type="checkbox"/>	Improved, but more slowly than expected.	<input type="checkbox"/>	Begun to plateau and stabilize.
<input type="checkbox"/>	Not improved significantly.	<input type="checkbox"/>	Been discharged or is being discharged from care.

<input type="checkbox"/> Yes	<input type="checkbox"/> No	Is a Consultation necessary at this time?	<input type="checkbox"/> Yes	<input type="checkbox"/> No	Is a Referral necessary at this time?
<input type="checkbox"/> Yes	<input type="checkbox"/> No	Has patient been complying with treatment?	<input type="checkbox"/> Yes	<input type="checkbox"/> No	Are there any mitigating/aggravating factors?

**B.** Discussion about changes in patients condition, new injuries, aggravating factors or treatment plan:


**C.** Current Diagnosis :

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### III. CURRENT SUBJECTIVE FINDINGS (Use Patient's words to describe complaints).

	LOCATION-DESCRIPTIVES	INTENSITY	FREQUENCY	<b>RESOLVED</b>
<input type="checkbox"/>	Headache/Migraine	None/Min/Slight/Moderate/Severe	None/Occ/Inter/Freq/Constant	
<input type="checkbox"/>	Neck Pain/Soreness/Stiffness	None/Min/Slight/Moderate/Severe	None/Occ/Inter/Freq/Constant	
<input type="checkbox"/>	Mid Back Pain/Soreness/Stiffness	None/Min/Slight/Moderate/Severe	None/Occ/Inter/Freq/Constant	
<input type="checkbox"/>	Low Back Pain/Soreness/Stiffness	None/Min/Slight/Moderate/Severe	None/Occ/Inter/Freq/Constant	
<input type="checkbox"/>		None/Min/Slight/Moderate/Severe	None/Occ/Inter/Freq/Constant	
<input type="checkbox"/>		None/Min/Slight/Moderate/Severe	None/Occ/Inter/Freq/Constant	

Min = minimum (annoyance), Occ = occasional 25%, Inter = Intermittent 50%, Freq = frequent 75%, Constant = 90-100%, SI = Sacroiliac,

Patient Name: \_\_\_\_\_

Date: \_\_\_\_\_

# Page Two-Primary Treating Physician's Progress Report (Work Comp) Hokokian Chiropractic

1543 W. Shaw Ave, Fresno, Ca 93711

Office: (559) 230-1102 Fax: (559) 230-1105

Patient Name: \_\_\_\_\_

## V. CURRENT TREATMENT PLAN & MANAGEMENT OBJECTIVES

<input type="checkbox"/> Spinal/Sacroiliac/Extremity Adjustments	<input type="checkbox"/> Flexion-Distracton	<input type="checkbox"/> Improve Joint Range-of-Motion
<input type="checkbox"/> Myotherapy/Trigger Point Therapy	<input type="checkbox"/> Electrical Stimulation/Ultrasound	<input type="checkbox"/> Improve Soft Tissue Motion
<input type="checkbox"/> Posture/Ergonomic Modification (Home/Work)	<input type="checkbox"/> Ice/Heat packs (Office/Home)	<input type="checkbox"/> Reduce Pain/Paresthesias
<input type="checkbox"/> Intersegmental Traction	<input type="checkbox"/> Lumbar Bracing	<input type="checkbox"/> Stabilize Condition
<input type="checkbox"/> Cervical Traction	<input type="checkbox"/> Wrist Splint	<input type="checkbox"/> Improve Functional Capacity
<input type="checkbox"/> Exercises/Stretching (Office/Home/Gym)	<input type="checkbox"/> Orthotics	<input type="checkbox"/> Enhance Repair/Remodeling
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

## VI. PLANNED COURSE OF TREATMENT (Estimate)

Estimated date or time for treatment conclusion: <input type="checkbox"/> _____ weeks, <input type="checkbox"/> _____ months, <input type="checkbox"/> _____	Notes about any diagnostic tests, surgeries, hospitalizations, consultations, or other findings:
<input type="checkbox"/> Treatment under future medical award. Patient schedules appointments when pain reaches moderate-to-severe level.	
Treatment will continue at the indicated frequency at right. Treatment frequency will lessen as this patient's condition improves.	<input type="checkbox"/> Daily for 1-2 wks, <input type="checkbox"/> 3x wk for ___ wks, <input type="checkbox"/> 2x wk for ___ wks, <input type="checkbox"/> 1x week for ___ weeks, <input type="checkbox"/> ___ x every ___ wks/mo for _____, <input type="checkbox"/> Seen on an as needed basis only (PRN).

## VII. PRESENT WORK STATUS

<input type="checkbox"/>	Returned to full work duty with no limitations and/or modifications on date:
<input type="checkbox"/>	Employee remains off work with (temporary/permanent) limitations/modifications (see attached).
<input type="checkbox"/>	Employee is on total (temporary/permanent) (partial/total) disability. Disability dates from: _____ to: _____
<input type="checkbox"/>	Return to modified work (see attached) on date:
<input type="checkbox"/>	Other:

## VIII. PERMANENT DISABILITY/IMPAIRMENT STATUS

<input type="checkbox"/>	(I anticipate/ I do not anticipate/ I am unable to anticipate) permanent disability/impairment at this time.
<input type="checkbox"/>	Patient's condition is stabilizing and should be at pre-injury status by (Date):
<input type="checkbox"/>	Patient has not yet reached MMI/P&S status. (Unable to predict when/Will be able to better predict) on:
<input type="checkbox"/>	Patient has been discharged from treatment having reached MMI as of the date of this report with nonratable subjective/objective factors of disability/impairment. He/She has reached pre-injury level or residuals are nonratable.
<input type="checkbox"/>	Patient has been discharged from curative treatment having reached maximum medical improvement status as of the date of this report with permanent ratable subjective/objective factors of impairment/disability. A final report will follow.
<input type="checkbox"/>	Patient has been discharged from curative treatment having reached P&S status with ratable subjective/objective factors on (date: _____). Future medical award is pending and treatment is supportive in nature as needed.
<input type="checkbox"/>	Patient is being treated under future medical award and has been previously rated with a permanent disability/impairment.

"I declare under penalty of perjury that this report is true and correct to the best of my knowledge and I have not violated any labor codes."

\_\_\_\_\_  
(Physician's Signature)

Patient Name: \_\_\_\_\_

Date: \_\_\_\_\_

# SECONDARY TREATING PHYSICIAN'S PROGRESS REPORT

## Hokokian Chiropractic

1543 W. Shaw Ave, Fresno, Ca 93711

Office: (559) 230-1102 Fax: (559) 230-1105

(Workers' Compensation)

<b>PATIENT NAME:</b>		<b>REPORT DATE:</b>	
Address:		SSN:	
Occupation:		Date of Birth:	
Telephone:		Gender:	

<b>Claims Administrator:</b>		<b>Injury Date:</b>	
Address:		Claim No:	
Telephone:		<b>Employer Name:</b>	
Fax No:		Telephone:	

Name of Primary Treating Physician: \_\_\_\_\_

### I. REASON FOR PROGRESS REPORT

<input type="checkbox"/>	Periodic status report	<input type="checkbox"/>	Authorization for additional & continued treatment
<input type="checkbox"/>	Change in patient's condition	<input type="checkbox"/>	Authorization for testing
<input type="checkbox"/>	Change in patient's work status	<input type="checkbox"/>	Other

### II. CURRENT SUBJECTIVE COMPLAINTS (Use Patient's words to describe complaints).

	LOCATION-DESCRIPTIVES	INTENSITY	FREQUENCY	RESOLVED
<input type="checkbox"/>	Headache/Migraine	None/Min/Slight/Moderate/Severe	None/Occ/Inter/Freq/Constant	
<input type="checkbox"/>	Neck Pain/Soreness/Stiffness	None/Min/Slight/Moderate/Severe	None/Occ/Inter/Freq/Constant	
<input type="checkbox"/>	Mid Back Pain/Soreness/Stiffness	None/Min/Slight/Moderate/Severe	None/Occ/Inter/Freq/Constant	
<input type="checkbox"/>	Low Back Pain/Soreness/Stiffness	None/Min/Slight/Moderate/Severe	None/Occ/Inter/Freq/Constant	
<input type="checkbox"/>	Arm/Hand/Leg numbness/tingling	None/Min/Slight/Moderate/Severe	None/Occ/Inter/Freq/Constant	
<input type="checkbox"/>		None/Min/Slight/Moderate/Severe	None/Occ/Inter/Freq/Constant	

Min = minimum (annoyance), Occ = occasional 25%, Inter = Intermittent 50%, Freq = frequent 75%, Constant = 90-100%, SI = Sacroiliac,

### III. OBJECTIVE OR CLINICAL FINDINGS (Physical Exam, Imaging, Diagnostic)

### IV. ICD-9 CODE

### CURRENT DIAGNOSIS

1.		
2.		
3.		

### V. TREATMENT PLAN (METHODS) & MANAGEMENT OBJECTIVES

<input type="checkbox"/> Spinal/Sacroiliac/Extremity Adjustments <input type="checkbox"/> Myotherapy/Trigger Point Therapy <input type="checkbox"/> Posture/Ergonomic Modification (Home/Work) <input type="checkbox"/> Intersegmental Traction <input type="checkbox"/> Cervical Traction <input type="checkbox"/> Exercises to Strengthen Neck/Middle/Low Back <input type="checkbox"/> Exercises to Strengthen the Extremities <input type="checkbox"/> Stretching Daily at Home or Gym <input type="checkbox"/>	<input type="checkbox"/> Flexion-Distraction <input type="checkbox"/> Electrical Stimulation <input type="checkbox"/> Ultrasound <input type="checkbox"/> Ice/Heat packs (Office/Home) <input type="checkbox"/> Lumbar Bracing <input type="checkbox"/> Wrist Splint <input type="checkbox"/> Orthotics <input type="checkbox"/> Other	<b>TREATMENT OBJECTIVES</b> <input type="checkbox"/> Improve Joint Range-of-Motion <input type="checkbox"/> Improve Soft Tissue Motion <input type="checkbox"/> Reduce Pain/Paresthesias <input type="checkbox"/> Strengthen Involved Areas <input type="checkbox"/> Stabilize Condition <input type="checkbox"/> Improve Functional Capacity <input type="checkbox"/> Enhance Repair/Remodeling <input type="checkbox"/> Lessen Risk for Chronicity
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Patient Name: \_\_\_\_\_

Date: \_\_\_\_\_

# Secondary Treating Physician's Progress Report

**Hokokian Chiropractic**  
1543 W. Shaw Ave, Fresno, Ca 93711  
Office: (559) 230-1102 Fax: (559) 230-1105

(Pg. 2)

Patient Name: \_\_\_\_\_

### TREATMENT PLAN-DURATION AND FREQUENCY (Estimate)

Estimated date or time for treatment conclusion: <input type="checkbox"/> _____ weeks, <input type="checkbox"/> _____	Notes about any diagnostic tests, surgeries, hospitalizations, consultations, or other findings:
<input type="checkbox"/> Yes, <input type="checkbox"/> No Patient has complied with treatment plan.	
Treatment will continue at the indicated frequency noted in column to the right. Treatment frequency will lessen as this patient's condition improves.	<input type="checkbox"/> Daily for 1-2 wks, <input type="checkbox"/> 3x wk for ___ wks, <input type="checkbox"/> 2x wk for ___ wks, <input type="checkbox"/> 1x week for ___ weeks, <input type="checkbox"/> ___x every ___ wks/mo for _____

### REQUEST FOR AUTHORIZATION FOR ADDITIONAL TREATMENT

No,  Yes Request authorization for additional treatment?  
If yes, How many additional office visits being requested? \_\_\_\_\_  
Notes about request for additional visits being authorized by primary treating physician:

### VI. PRESENT WORK STATUS

<input type="checkbox"/>	Returned to full work duty with no limitations and/or modifications on date:
<input type="checkbox"/>	Employee remains off work with (temporary/permanent) limitations/modifications (see attached).
<input type="checkbox"/>	Employee is on total (temporary/permanent) (partial/total) disability. Disability dates from: _____ to: _____
<input type="checkbox"/>	Return to modified work (see attached) on date:

### VII. PATIENT STATUS-RESPONSE TO TREATMENT

A. Since the last report/exam this patient's condition has:

<input type="checkbox"/>	Improved normally as expected.	<input type="checkbox"/>	Improved, but more slowly than expected.	<input type="checkbox"/>	Other
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B. Changes in treatment plan due to flare-ups, new injuries, or aggravating factors. (Explain why)

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### VIII. DISCHARGE STATUS, P&S AND PERMANENT DISABILITY STATUS

<input type="checkbox"/>	(I anticipate/ I do not anticipate/ I am unable to anticipate) permanent disability at this time.
<input type="checkbox"/>	Patient's condition is stabilizing and should be at pre-injury status and discharged on (Date):
<input type="checkbox"/>	Patient is not Permanent & Stationary currently. (Unable to predict when/Will be able to better predict) on:
<input type="checkbox"/>	Patient has been discharged from treatment having reached maximum medical improvement as of the date of this report with nonratable subjective/objective factors of disability. He/She has reached pre-injury level or residuals are nonratable.
<input type="checkbox"/>	Patient has been discharged from curative treatment having reached Permanent & Stationary status as of the date of this report. There are permanent ratable subjective/objective factors of disability/occupational preclusions. The primary treating physician will provide a report for you.
<input type="checkbox"/>	Other

"I declare under penalty of perjury that this report is true and correct to the best of my knowledge and I have not violated any labor codes."

\_\_\_\_\_  
(Secondary Treating Physician's Signature)      Date of exam: \_\_\_\_\_      Next report date: \_\_\_\_\_

Patient Name: \_\_\_\_\_

Date: \_\_\_\_\_

## EMPLOYEE'S PREDESIGNATION OF PERSONAL CHIROPRACTOR OR MEDICAL DOCTOR

### Hokokian Chiropractic

1543 W. Shaw Ave, Fresno, Ca 93711

Office: (559) 230-1102 Fax: (559) 230-1105

Note: DC's in California can only be predesignated if employer or carrier hasn't established an MPN. 8CCR Sect 9281-9282

### TO: PERSONNEL OFFICE

Date Predesignating Personal Physician: \_\_\_\_\_

Name of Employee:	_____
Name of Employer:	_____

### PREDESIGNATION OF PERSONAL CHIROPRACTOR

This letter serves as a formal notification to my employer that if, during the course of my employment I experience a single event or a cumulative industrial injury, including any musculoskeletal injury (excluding fractures), strains, sprains, neck pain, back pain, headaches, arm or leg symptoms, and wrist or feet problems that I be treated by my predesignated personal Chiropractor. I hereby designate (name) \_\_\_\_\_, my licensed regular physician, as my **"Predesignated Personal Chiropractor"** pursuant to Section \_\_\_\_\_ of the \_\_\_\_\_ Labor Code. Dr. (name) \_\_\_\_\_, located at (Address) \_\_\_\_\_ is my Chiropractor who has previously directed my treatment and who retains my medical history and medical records.

### PREDESIGNATION OF PERSONAL MEDICAL DOCTOR

This letter serves as a formal notification to my employer that if, during the course of my employment I experience an industrial injury other than those treated by my predesignated personal Chiropractor, including any fractures, lacerations, burns, head injuries, industrial illness, and/or other nonmusculoskeletal problems that I be treated by my predesignated personal Medical Doctor.

I hereby designate (Name Doctor) \_\_\_\_\_, MD, as my **"Predesignated Personal Medical Doctor"** pursuant to Section \_\_\_\_\_ of the (State) \_\_\_\_\_ Labor Code. Doctor. (name) \_\_\_\_\_, located at (Address) \_\_\_\_\_ is my Medical Doctor who has previously directed my treatment and who retains my medical history and medical records.

\_\_\_\_\_  
(Signature of Employee)

\_\_\_\_\_  
(Printed Name of Employee)

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This form is to be signed by personnel office member and a photocopy made and given to the employee.

Signature of Personnel Office: \_\_\_\_\_ Date: \_\_\_\_\_

Patient Name: \_\_\_\_\_

Date: \_\_\_\_\_

## INFORMED CONSENT

### Hokokian Chiropractic

1543 W. Shaw Ave, Fresno, Ca 93711

Office: (559) 230-1102 Fax: (559) 230-1105

I hereby consent to the performance of chiropractic adjustments and other chiropractic procedures, on myself, (or on the patient names below, for whom I am legally responsible) by **Dr. John H. Hokokian, D.C.**, and/or other licensed doctors of the chiropractic who now or in the future provide chiropractic adjustments and other types of treatment for me. This consent includes other doctors of chiropractic that are employed by, associated with, or serve as back-up for **Dr. John H. Hokokian, D.C.**, whether or not their names are listed on this form.

I understand and consent to the following procedures (checked below):

<input type="checkbox"/> Examination <input type="checkbox"/> Mobilization <input type="checkbox"/> Ultrasound <input type="checkbox"/> Muscle Stimulation <input type="checkbox"/> X-rays <input type="checkbox"/> Traction <input type="checkbox"/> Adjustments
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I have had an opportunity to discuss with **Dr. John H. Hokokian, D.C.**, the various types of treatment, including neck and spinal/extremity adjustments that have been proposed to me for my condition, and the purpose and objectives of these chiropractic procedures. I understand that the results from the chiropractic treatment are not guaranteed for my condition.

I have been informed about the risks and benefits of chiropractic adjustments and other chiropractic procedures, and understand that, there are some uncommon potential serious risks to chiropractic adjustments and procedures, including, but not limited to, sprains, fractures, disc injuries, dislocations, nerve injuries, and strokes specifically from neck adjustments. I understand and have had the opportunity ask about risks and benefits the proposed treatment and of other alternative types of treatment for my condition.

I have had the opportunity to read this form understand the above statements, accept the risks mentioned, and hereby consent and agree to chiropractic treatment over the entire course of treatment for my present condition and any future conditions for which I seek treatment.

**PATIENT NAME (PRINT)** \_\_\_\_\_ **DATE:** \_\_\_\_\_

**X** \_\_\_\_\_  
**SIGNATURE OF PATIENT OR RESPONSIBLE PARTY**

**(If signing for a MINOR)**

**NAME:** \_\_\_\_\_ **RELATIONSHIP:** \_\_\_\_\_

OFFICE/WITNESS SIGNATURE: \_\_\_\_\_ DATE: \_\_\_\_\_

# Proof of Service

I am at least 18 years of age, not a party to this action, and I am a resident of or employed in the county where the mailing took place.

My business address is: **1543 W. Shaw Ave Fresno CA 93711**

On \_\_\_\_\_, I served a true copy of the following documents, along with supporting documents described as: LIEN FORM AND ITEMIZED STATEMENT

By enclosing them in a sealed envelope addressed to each of the parties named and at the address set forth in the Party List, and placing each envelope for collection and mailing at the business address herein following our ordinary business practices, with postage fully prepaid, or by other previously agreed-upon method of electronic service.

I declare under penalty of perjury under the laws of the State of California that the foregoing is true and correct.

Dated: \_\_\_\_\_

Declarant Signature \_\_\_\_\_

## Party List

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